



Spiritual Directors 2019-2020

For LEM and M.A.P.S. Students

Spiritual Directors International offers the image of three chairs as a visual reminder of who is present during spiritual direction. In one chair a seeker sits, desiring a deeper relationship with God. In a second chair, a spiritual director listens, inquires, and holds the space for the seeker to encounter the true Spiritual Director in the third chair.

SPIRITUAL DIRECTORS 2019-2020

The "match" of a spiritual director and directee is very personal. You want to interview a spiritual director to get a feel for who they are, their level of experience, their training, etc. Some questions you might want to consider are:

- 1. What spiritual formation and theological education do you have in spiritual direction?
- 2. What is your experience as a spiritual director? How many years?
- 3. How do you continue in your education and supervision for spiritual direction ministry?
- 4. What type of engagement agreement will we establish to clarify roles and responsibilities in our spiritual direction relationship?

Please note: The Institute for Lay Formation is making this information available to students as an aid in their search for a spiritual director. The names of the people in this booklet should not be perceived as a recommendation on the part of the Institute for any one of these spiritual directors over any others. The Institute does affirm these are Catholic spiritual directors which is a requirement for the LEM program. It is up to the student to ascertain as to any stipend for which a director may ask.

Deacon Steve Baldasti

Steve holds a B.A. in Accounting which he received in 1987. He was ordained as a Permanent Deacon in 2001. Steve received his certification for spiritual direction at the Institute for Spiritual Leadership in 2005. Steve has had many faith experiences in his life. He has been sober for 29 years and assisted in the care of his parents in the last years of their lives. He looks at the life of St. Paul and sees many similarities in his own - struggles but always aware of God's presence in his life. God's love has opened his heart and allows him to be open to his will. Deacon Steve's contact information is: Hm. Phone: (847) 934- 7533, Cell: (708) 278 – 1151, or email at: bjunctionb@hotmail.com

Fr. Matt Bozovsky



Fr. Matt was ordained a priest of the Archdiocese of Chicago in 2013. He received a B.S. (2001) and M.S. (2004) in biology from Loyola University Chicago, and an M.Div., S.T.B. (2013) and S.T.L. (2014) from the University of St. Mary of the Lake/Mundelein Seminary. He has served as associate pastor of St. Joseph Libertyville and is currently the associate pastor of St. Joseph Wilmette. In addition to his prior career as a research biologist, Fr. Matt was an adjunct faculty member at Loyola University from 2002-2008

in the Departments of Biology and of Natural Sciences. He has served as adjunct faculty in the Lay Ministry Formation program and the Diaconal Formation program for the Archdiocese of Chicago. He is currently accepting new spiritual directees and be reached at mbozovsky@archchicago.org or 847-251-0771.

Fr. Thomas Conde

Fr. Thomas holds a variety of degrees which include a B.S., MBA, M.Div., and a STB. He is currently the pastor of St. Christina Parish in the Mt. Greenwood neighborhood of Chicago. Before entering the seminary, he worked for a major pharmaceutical company at which time he earned his MBA. Fr. Thomas has journeyed with many aspiring pastoral ministers over the past 20 years. He can be reached at: Phone: (773)-779-7181 or by email at: tconde@archchicago.org

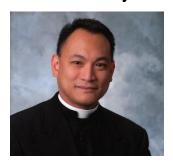
Pam Corrado



Pam holds a Doctorate in Clinical Psychology and a Bachelor of Science in Nursing. Pam's spiritual and personal journey has allowed her to enjoy a transformation from a 14-year commitment as a consecrated religious, to a practice as a Clinical Psychologist to being called to the ministry of spiritual direction. Throughout those varied life experiences God has given her, many graces to continue her own spiritual growth. The privilege of witnessing to and companioning another on their spiritual path is a gift of the Spirit. Pam

can be reached at: Phone: (608) 527-3168 or by email at: pamcorrado45@gmail.com. Pam lives at San Camillo in Wauwatosa, WI.

Fr. Ramil E. Fajardo

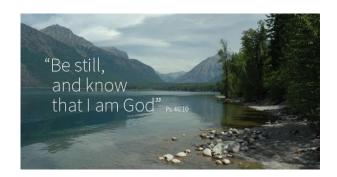


Fr. Ramil holds a B.A. in history from the University of Illinois (Chicago), M.Div./STB from the University of St. Mary of the Lake (Mundelein, IL) and a MCL/JCL from St. Paul University (Ottawa, Ontario). Fr. Ramil was ordained for the Archdiocese of Chicago in 2004, assigned to St. Clement Parish in Lincoln Park for six years, before being sent by the Cardinal to study Canon Law. On his return to Chicago in 2013, he has been at the Tribunal, with residence and ministry at Holy Name Cathedral. He is available as a spiritual director as need. His contact

information is: Office phone: (313) 534-5377 or by email at: rfajardo@archchicago.org

Emilia Ferlita (Mimi)

Associate Director of Liturgical Life and Pastoral Care at Holy Family Parish in Inverness. Emilia is a certified spiritual director. She can be reached at: mferlita@holyfamilyparish.org, 847-907-3425 or 847-962-5992.



Fr. Edward Fialkowski



Fr. Edward was a M.Div. from USML and a MBA from Northwestern University. He is currently the pastor of Our Lady of the Wayside parish. Fr. Edward has facilitated spiritual direction for many years serving at the Institute of Deaconate Studies for 20 years. He is also a Seminarian Internship Supervisor and Deacon supervisor since 1980. Our Lady of the Wayside has been a site for USML Seminarians Internship Program. He can be reached at: Phone: (847) 253-5353 or by email at pastor@olwparish.org

Jennifer Grant, M.Ed., MA



Jennifer has a Master's Degree in Spirituality from Loyola University with a specialization in the Ignatian Spiritual Exercises. She is currently leading retreatants through the 19th annotation with both Loyola University and the Ignatian Associates. Her office is located at St. Francis Xavier parish in Wilmette, IL. She also leads grief support groups and retreats at Siena Center in Racine, WI. She can be reached at: 224-0522-1128 or ienn.grant5@gmail.com

Sr. Gloria Haagensen

Sr. Gloria has a B.A. in Sociology and a M.A. in Religion and Education. She received her spiritual direction training at the Cenacle Center. Sr. Haagensen is a Cenacle Sister. She has been involved in planning and giving retreats and doing spiritual direction throughout the U.S. and Canada and one year in Ireland. She has taught spiritual direction classes and supervised those training to be a spiritual director. She has also lived and worked in the Englewood neighborhood in Chicago. Sr. Gloria can be reached at: Phone: (773)528-6300 or by email at: gloriahrc@hotmail.com

Sr. Leanne Hartmann, CSSF



Sister Leanne has been a member of the Felician Sisters since 1968 and has taught in both elementary and high schools and worked as Treasurer / Finance Officer at various ministries. Over the years she has been active in planning and giving retreats for students, Sisters, Associates and women's groups. She has personally participated in spiritual direction since 1978 and directed retreats since 1982. For her, being a companion to someone on a spiritual journey is both an honor and a personal blessing. Sister is available Weekday afternoons/evening with some Saturdays. Sr. Leanne can be reached at: Phone: (773) 619-6712 or by email: slhartmann@feliciansisters.org

Mrs. Nancy Hoel



Mrs. Hoel holds a Master of Arts in Pastoral Studies from the Institute of Pastoral Studies, Loyola University, Chicago, IL. She has over 30 years of experience as a spiritual director. Nancy considers it a privilege to listen to people's sacred stories, and she absolutely loves companioning people on their faith journey. Over the years she has directed people from many walks of life – women and men; clergy, women religious, and lay people; Catholics and non-Catholics; different races. Nancy has also directed Aspirant candidates, and wives for the Diaconate program. She has also been a spiritual director for the LEM program. Nancy also leads retreats

and facilitates mornings/evenings of reflection and serves as spiritual director for several parish at-home retreats. Nancy is married and has two grown children and two grandchildren. Besides being fluent in French, she loves to read, crochet, play the piano, take walks and bike, garden, and eat dark chocolate. Many enjoy her creativity and sense of humor. Nancy's contact information is: Phone: (630) 279-8510 or by email at: nancyhoel@comcast.net

Sister Janice Keenan, OSF

Sister Janice is a Sister of St. Francis of the Immaculate Conception based in West Peoria, IL but working for and living with the Franciscan Sisters of the Sacred Heart, Frankfort. I'm director of spiritual ministries of their Portiuncula Center for Prayer since August 2015. I have been Assistant Spiritual Director for TEC and Cursillo in Peoria diocese for five year, a campus minister and Newman Center Director of U of I and Western IL University. Over the year I've given days of reflection in parishes. I am usually available from 9am-4:30 pm, Monday – Friday and can do some evenings and weekends. Sister can be reached at 815-469-4883 or Janice.keenan@presencehealth.org

Mary Kelly



Mary holds a M.A. in Psychology, a M.A. in Spiritual Studies and is currently working on her Doctoral degree in holistic theology. She received her spiritual director certification at Loyola University. Her path has led her studies and work in the area of Spiritual Direction, Clinical Pastoral Education, life transition research and counseling, and devoted work in the facilitation of spiritually based retreats, presentations and workshops. Mary's contact information is: Phone: (773) 544-2940 or by email: mbkelly@nl.edu or Soulfriends2@gamil.com

Maureen Kuhn



For the last 10 years Mary has been appointed by the Cardinal to be a Spiritual Director for the Deacon's wives' — those in the Aspirancy Program. She has also been seeing directees monthly since 1996. Maureen and her husband graduated from IPS in 1989 and were Pastoral Associates for five years in WI. Mary is also a certified Pastoral Associate in the Archdiocese of Chicago. You can reach Maureen by: Cell phone at: (847) 331-4383

Sr. Mary Jane Laffan, r.c.

Sr. Mary Jane has a M.A. in Humanities and received spiritual direction training through the Shalem Spiritual Guidance Program. She is a Sister of the Cenacle community and currently missions to the Chicago Cenacle Retreat and Conference Center. Her ministry has included facilitating retreats, days of prayer, offering spiritual direction to people who are searching for a deeper relationship with God. She has also spent several years on the General Council in Rome. In meetings with her directees, the focus has been on the many ways God may be present in both their life and prayer. Sr. Mary Jane can be reached at: Phone: (773) 528-6300 or by email at: srmaryjanerc@yahoo.com

Mrs. Connie Miller

Mrs. Miller has her B.S.N. and is a retired registered nurse. She last specialized as a diabetic nurse educator. Her spiritual direction training was at the Claret Center in Chicago. Her initial involvement in ministry was with Marriage Encounter for five years. She and her husband live in Algonquin, IL. Mrs. Miller has been on the board for Catholic Assistance Mission for eight years and has led five mission trips to Haiti. She received her spiritual direction certification from the Claret Center, Chicago, IL. Connie was provided an excellent foundation in listening and learning to assist others as a companion on their journey to God. It is very exciting work for her to do. Connie can be reached at: Home Phone: (847) 916-1726 Cell: (847)-854-1726 or by email at: cmlks2bike@yahoo.com

Sr. Jean Okroi, IBVM

Sr. Jean received her spiritual direction certificate at the San Pedro Center, Orlando, FL and is versed in Ignatian Spirituality of finding God in all people, cultures, nature and life experiences. She has companioned deacon's wives in the Archdiocese of Chicago, the Diocese of Joliet, IL and of St. Petersburg, FL. For the past 30 years, spiritual direction of others has been a privilege for Sister Jean as she watches individuals grow in their relationship with God. She also ministers with victims of human trafficking. Sr. Jean can be reached at: Phone: (630) 224-8032 or by email at: jeanm.okroi@gmail.com

Sr. Gemma Pepera

Sr. Gemma holds a M.Ed., a Guidance and Counseling certification and a M.A. in Formative Spirituality. Sr. Gemma has been a Sister of the Holy Family of Nazareth for 63 years. She was a director of formation for their candidates and Sisters on a variety of levels. She was also a missionary in the Philippines for 14 years. She does spiritual direction and currently serves as the interim coordinator of Mission and Ministry at Resurrection University part-time. Her contact information is: Phone: (847) 691-7286 or by email at: gemmapepera@gmail.com

Sr. Mary Lou Pleitner, CSJ

Sr. Mary Lou has a B.A. from Dominican University and an M.A. from Northeastern University. She received her spiritual direction certification through the Institute for Spiritual Companionship through Loyola University. She is a member of the Congregation of St. Joseph in La Grange Park, IL. She has been doing spiritual direction with deacon's wives in the Archdiocese since 2002. Sr. Mary Lou can be reached at: Phone: (847) 346-8616 or by email at: mlpleitner@sbcglobal.net

Fr. Richard Prendergast



Fr. Richard holds a M.Div., S.T.L., and M.A.S and received his spiritual direction certification from the University of San Francisco. He is currently the pastor of St. Gertrude parish in Chicago. Fr. Rich is a priest of the Archdiocese of Chicago and has always been involved in Pastoral Ministry. He is currently in his 2nd year as pastor at St. Gertrude. He was ordained in 1979. He completed a Master in Applied Spirituality at the University of San Francisco and has been a spiritual director for many years for the Aspirancy Program for the Deaconate

and currently provides spiritual direction for several ordained deacons. Fr. Richard can be reached at: Phone: (773) 764-3621 or by email at: rp119@mac.com

Sr. Mary Sharon Riley

Sr. Riley has a BA, MA and D.Min. from CTU. She is also a certified spiritual director. Sr. Mary Sharon was born in Minneapolis and has traveled widely, lived internationally as well as in the U.S. She has also ministered abroad and throughout the U.S. She helped found a spiritual director's training program and has taught at St. John's University (Collegeville) and at Loyola (Chicago). Sr. Riley can be reached at: Phone: (773) 528-6300 – cell: (773) 930-9572



Dr. Catherine Sims

Catherine holds a Doctor of Ministry Degree from the University of St. Mary of the Lake. Her certificate in Spiritual Direction is from the Institute for Pastoral Studies at Loyola University Chicago. Catherine has served the Church in Chicago in many capacities: Liturgy, adult faith formation, spiritual direction and ministry formation. She currently is an Associate Director with the Institute for Lay Formation at the University of St. Mary of the Lake in Mundelein, IL.

Catherine and her husband Howard live in Wauconda, IL. Her contact information is: 847-727-5207.

Sr. Kristine Vorenkamp

Sr. Kristine holds a Master of Arts Degree in Pastoral Studies from Loyola University, New Orleans. She received her spiritual direction certificate from the Claret Center, Chicago, IL. Sr. Kristine has been a Sister of the Living Word for forty years. In the past she has been an elementary teacher and a parish minister focusing in religious education. She is currently the formation director for her community and has served in a leadership capacity for three years. She loves to accompany others on their faith journey. God is the center of her life and that give her the joy and strength each day to be in discipleship of the Gospel of Jesus. She can be reached at: Cell phone: (224)-944-7412 or by email at: kvorenkamp@slw.org

Sr. Ann Wylder, r.c.

Sr. Ann holds a B.A., BSW and a M.A. in Theology. She received her spiritual direction certificate at the Cenacle Center. Sr. Ann has 50 years of ministry experience which includes leading retreats, spiritual direction, adult faith formation; emphasis on Ignatian spirituality; teacher of spiritual director formation; community formation director and a variety of other ministry roles. Sr. Ann can be reached at: Phone: (773)-528-6300 or by email at: srannwylder@cenaclechicago.org

Claret Center Spiritual Directors 5536 S. Everett Ave. Chicago, IL 60637 (773) 643-6259

Helen Cahill, OP



Sr. Cahill holds a MA, D.Min, and is a Dominican Sister of Peace and an experienced Spiritual Director. She holds a Masters in Theological Studies and a Doctor of Ministry from Catholic Theological Union. Prior to joining the staff at Claret Center Helen spent a number of years in leadership in her community. Helen's ministry includes giving retreats, doing group supervision for formation personnel and giving workshops on "The Spirituality of Power" and other topics.



Carol Dwyer, SSND MA, CADC, is a member of the National Association of Catholic Chaplains and is a certified Addictions Counselor for the state of Illinois. She earned her MA in Pastoral Ministry from Fairfield University in Connecticut. Carol is fluent in Spanish and looks forward to the possibility of being able to use it in her ministry of Spiritual Direction here at Claret.

Pauline La Mothe, OP,



Sr. Pauline holds a M.Ed, D.Min and is a Dominican Sister of Peace and a Spiritual Director. She received her Master's Degree and her CAGS in Psychology from Boston College and her Doctor of Ministry in Pastoral Counseling from Louisville Seminary. Pauline did her Spiritual Direction Internship at Claret Center. She taught school for many years, was in leadership in her Congregation and has worked with the homeless population in Boston, Massachusetts.

Beth Saner



Beth holds her Master of Arts in Pastoral Studies degree from Catholic Theological Union where her focus was the spiritual journey. She trained as a spiritual director in the Spiritual direction internship at Claret. Beth now cofacilitates this internship at Claret. She also serves as a companion for those desiring someone to walk the spiritual journey with them.

Mayslake Ministries Spiritual Directors 718 Ogden Ave. Suite 200 Downers Grove, IL 60515

(630) 852-9000

Jill Bates



Jill Bates, D. Min. is an experienced presenter in the areas of Women's Spirituality and Lay Ministry. Jill earned her Doctor of Ministry degree in ecumenical studies from the Graduate Theological Foundation and a Master of Pastoral Studies degree in spirituality from Loyola University. Her goal as a Spiritual Director is to companion others on their journey towards a life lived peacefully and abundantly in body, mind, soul and spirit. She believes that we connect with God when we are open and receptive. Spiritual direction

affords us that opportunity. During her career she has been a Director of Adult Faith Formation, a Chaplain and a Coordinator of Hospital Catholic Ministries. Jill has worked extensively in ministries for caregivers, women's retreats and companioning clergy of many denominations on their pastoral journeys.

Fr. Kurt Boras



Fr. Kurt D. Boras is a priest of the Archdiocese of Chicago, ordained at Holy Name Cathedral, by the late Cardinal Joseph Bernardin on May 24, 1986. Fr. Kurt has done graduate studies in the fields of theology, clinical psychology, and spiritual direction. He has been a parish priest, a Mission speaker, retreat director, instructor in the area of counseling psychology, a therapist, and a Spiritual Director. While on the faculty of the University of St. Mary of the Lake Seminary Mundelein, Illinois, from 1991-1997, Fr. Kurt was the Director of Psychological Services and a Spiritual Director. From 1998-2001, he was an

elected member of the Priests Personnel Board of the Archdiocese of Chicago. His own spiritual journey and interests include Ignatian spirituality, 12-step work, sports and spirituality. From 2010 until the present, Fr. Kurt has been the Pastor of St. Patrick Parish in Lemont, Illinois, serving and offering his guidance to over 800 families.

Fr. Tom Borkowski



Fr. Tom Borkowski is a priest of the Diocese of Kansas City - St. Joseph, Missouri and is involved in spiritual direction, retreat work, adult religious education and faith formation. His training in spiritual guidance was at the Shalem Institute of Spiritual Formation. Fr. Tom holds a Master of Education in Special Education from the University of Missouri - Columbia, a Master of Divinity from the Pontifical College Josephinum, and post graduate studies in Carmelite spirituality and contemplative prayer.

Linda Brinkman



Linda Brinkman has a Master's in Social Work, and is completing her doctoral studies in Adult Education. Linda has over 30 years ministry and counseling experience through churches and social service agencies. Linda said, "My passion is helping you find the full life that God has intended for you through spiritual direction."

Becky Granat



Becky Granat holds a degree in elementary education, and a Certificate in Ministry from the Archdiocese of Chicago *Called and Gifted Program*. A graduate of the Claret Spiritual Direction Center in Chicago, Becky's area of interest is in helping cancer patients and cancer survivors on their spiritual journey.

Christine Grano



Christine Grano received her Spiritual Direction Certificate from the Christos Center for Spiritual Formation. Trained in Christian Lay Counseling & Inner Healing Prayer, Chris is also an accomplished musician and singer. Chris copresents retreats with Fr. Jonathan, facilitates women's retreats & offers a variety of programs in the area of spirituality. Married and the mother of two adult children, Chris holds a B.S. from the University of Illinois. Chris' faith life and ministry is deeply rooted in 12 Step Spirituality.

Chris Hannigan - Wiehn



Chris Hannigan-Wiehn is a Lay Franciscan Associate who holds a certificate in spiritual direction from the Claret Center, and Master of Arts in Pastoral Studies from Loyola University. A graduate of the Diocese of Joliet New Wine Program, Chris is currently attending Catholic Theological Union. An experienced spiritual director, Chris specializes in women's spirituality and issues of grief and addiction.

John Holmes



John Holmes holds a Certificate in Spiritual Direction from the Hesychia School of Spiritual Direction in Tucson, AZ. John also holds a certificate from the Called and Gifted Lay Ministry Program of the Archdiocese of Chicago. He specializes in contemplative prayer practices that foster healing and spiritual wholeness. John's life experience as husband of 44 years, father of 3 boys, and grandfather of 5, as well as a VietNam Veteran, and Leukemia Survivor, has drawn him into service as an Extraordinary Minister of the Eucharist at Northwest Community Hospital, and involvement in Cursillo and Christ Renews His Parish

movements.

Dr. Barbara Jarvis-Pauls



Dr. Barbara Jarvis-Pauls is a Pastoral Counselor and Licensed Clinical Professional Counselor, received her Master in Counseling Psychology from Lewis University and her Doctorate of Ministry in Pastoral Counseling from Graduate Theological Foundation. Barb has extensive experience in grief counseling and bereavement. She is also experienced in working with individuals in transition who are coping with issues of death, divorce, single parenting, remarriage, stepfamilies and annulment advocacy. Dr. Jarvis-Pauls is a member of the National Association of Catholic Family Life Ministers, Illinois Counseling Association, and the American

Association of Pastoral Counselors. Dr. Pauls also offers Marriage Preparation and Marriage Enrichment Programs. Trained in FOCCUS and PREPARE/ENRICH marriage inventories, Dr. Paul's administers assessment to identify areas of strengths and stressors in the couple relationship. Integrating faith and spirituality with a person's social, emotional and relational experience is central to Dr. Paul's approach with consulting, counseling and spiritual direction.

Marilyn Kortrndick



Marilyn Kortendick received her spiritual direction training through the Institute of Spiritual Leadership (ISL) which was part of her Master's degree from Loyola University – Chicago. Marilyn's undergraduate degree is in Pastoral Studies from Dominican University, and she also received her certification in Pastoral Life and Admin. through Loyola University - New Orleans. In spiritual direction, some of the specialized tools Marilyn offers to help you discover and listen to your inner wisdom, God, speaking to you are Focusing Work and Dreamwork. Marilyn has volunteered and/or worked in a

church setting for over 20 years. She is also an approved and trained Eponaquest Instructor, working with horses (her second love) to help you learn more about yourself, as they are true mirrors of us, the human. Marilyn specializes in assisting you in both spiritual and personal development.

Gail Krema



Gail Krema holds a Master of Arts in Spirituality from Loyola University, a Certificate in Spiritual Direction from The Institute for Spiritual Leadership, and a BS in Nursing from the College of St. Teresa, Winona, MN. Gail has passion for Ignatian Spirituality/The Spiritual Exercises, and works with the Ignatian Volunteer Corps and the Ignatian Spirituality Project. She considers it a privilege to hold the sacred story of another in spiritual direction, and feels called to contribute to the healing of those returning from military service (especially those with the hidden wounds of Mild-Traumatic Brain Injury and Post-Traumatic Stress Disorder).

Sr. Valerie Kulbacki, SSJ - TOSF



Sr. Valerie Kulbacki, SSJ-TOSF is a member of the Sisters of St. Joseph of the Third Order of St. Francis. She received her Certificate in Spiritual Companioning from the Diocese of Joliet, and her Master's degree in Pastoral Counseling. She has specialized in grief work surrounding death, divorce and other life-changing events, also serving those struggling with issues of codependency, addiction, and life situations which compromise one's spiritual and emotional well-being.

JoAnne McElroy



JoAnne McElroy is a spiritual director who enters the personal encounter of spiritual direction with earnest care, intention and deep listening. JoAnne holds a Master of Arts in Spirituality from the Institute of Pastoral Studies at Loyola University along with a postgraduate Certificate in Spiritual Direction. She came to spiritual direction through the questions that rose within and her desire to listen more deeply to God's actions in the stories of her life. Her life experiences as mother, grandmother, life coach, teacher and leader allow her to walk with those seeking to make connections in their lives. She feels

alive and delights with her grandchildren, in nature and exploring the arts and dreams. JoAnne is an imaginative retreat leader and presenter. She is currently on the Board of the Chicago Area Spiritual Directors.

Margaret Pinas



Margaret Pinas is a Secular Franciscan who holds a Master of Arts in Pastoral Ministries from St. Mary's University of Winona, a Certificate in Spiritual Direction from the Claret Center and a BA in Communications. Margaret has been actively involved in parish ministry for over twenty years; serving as Director of Adult Faith Formation at a large parish in the diocese of Joliet for the past ten years. Her passion is companioning people as they explore and grow in faith. Margaret is married to Walter and they are the parents of four young adult daughters.

Rob Ryndak

Rob Ryndak is a Certified Spiritual Director a former Franciscan Friar, poet, and composer who has studied Franciscan Spirituality at St. Bonaventure University in Olean, New York. Skilled in Cistercian and Franciscan spirituality, Rob encourages his directees to journal and use prayerful meditation as part of their spiritual direction journey.

Other Spiritual Directors from the Spiritual Directors International Website

You can look for other spiritual directors on the Spiritual Directors International Website at http://www.sdiworld.org/

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